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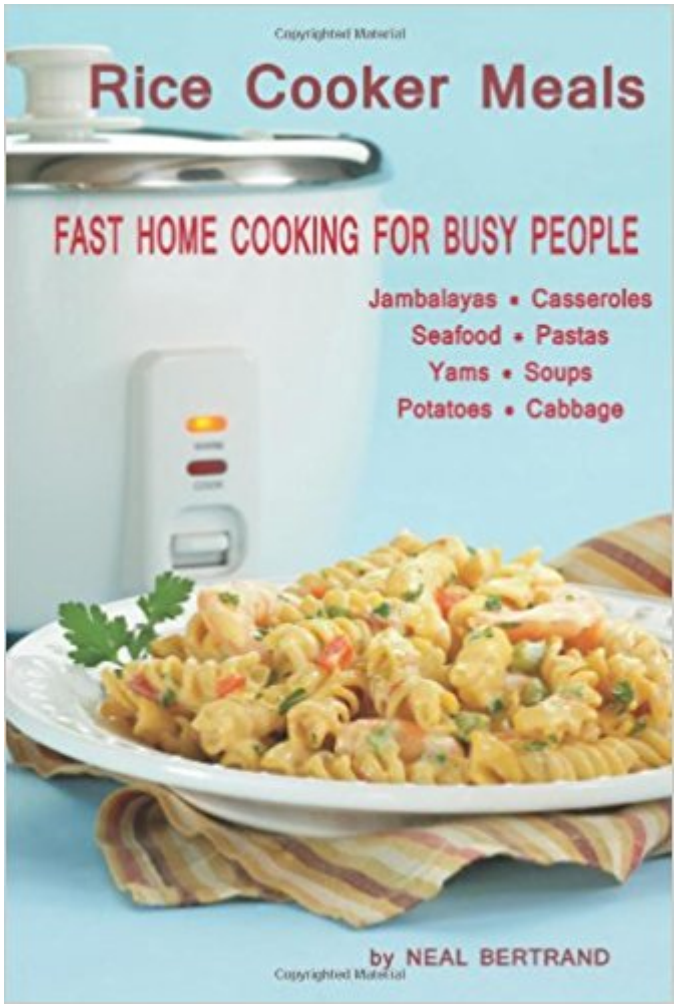
Rice Cooker Meals: Fast Home Cooking For Busy People: How To Feed A Family Of Four Quickly And Easily For Under $10 (with Leftovers!) And Have Less ... Up So YouÃ¢â‚¬â„¢ll Be Out Of The Kitchen Quicker!



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Synopsis

NOTE! NOW IN KINDLE AND PAPERBACK! Ã Â Ã Â RICE COOKER MEALS: FAST HOME COOKING FOR BUSY PEOPLEÃ Â contains 60 quick, easy meals you can make in a rice cooker, most in 30 minutes or less. Enjoy delicious recipes that are less expensive and healthier than fast food. One-pot cooking meansÃ Â LESS MESS TO CLEAN UP so you'll beÃ Â out of the kitchen quicker! ~~ THE RICE COOKER IS NOT JUST FOR RICE ANYMORE! ~~Ã Â You may say, "But we are meat and potatoes people. We don't eat rice." Not a problem! Most of these recipes don't use rice, anyway, like our Chicken Fajita Stuffed Potato. Most people are astonished to learn how easy it is to cook nutritious meals in a simple rice cooker - meals such as Soups, Seafood, Casseroles, Pastas, Jambalayas, Potatoes & vegetables such as cabbage, yams, etc. "IN A RICE COOKER?"Ã Â Yes, they're all cooked in a rice cooker. Here are a few recipes from the book:Ã Â Easy Chili, Mexican Rice, Tex-Mex Pasta, Shrimp Jambalaya, Cabbage Casserole, Cajun Pepper Steak, Chicken Fried Rice, Rice & Shrimp Pilaf, Chicken & Sausage Gumbo, Black-eyed Pea & Sausage Soup, Candied Yams with Marshmallows, Easy Smothered Potatoes & Sausage, and everyone's favorite - Black-eyed Pea & Sausage Jambalaya. RICE COOKER MEALSÃ Â offers a time-saving alternative to conventional cooking. With this cookbook you will feed a family of four for under $10, and have leftovers! Or a college student can eat like a King (or Queen) for an entire week! Make mouth-watering feasts for your friends in just 30 minutes! Prepare inexpensive meals for a full week that you can store in your fridge. ~~ A RICE COOKER AS A PORTABLE KITCHEN! ~~ You can think of a rice cooker as a portable kitchen.Ã Â All you need is this cookbook and an electrical outlet. This opens up a whole new way of thinking about cooking. Cook a meal practically anywhere! Bring it to work and set it up in the break room, on a spare desk, or the office kitchen. Bring it to the party, tailgating, church or social gathering you're going to and impress your friends with the tasty meal or appetizer you have prepared. Provides fast, healthy meals for college students living in dorms or apartments. Bring it along on RV or camping trips. Remodeling your kitchen? Just moved in? Kitchen appliances not working? Use a rice cooker! Power outage? A hurricane, blizzard or other calamity is messing up your day? Have a generator? Just plug in your rice cooker, eat and enjoy! Make this part of your Emergency Preparedness Plans. Inexpensive - the Blackeyed Pea & Sausage Jambalaya recipe uses inexpensive ingredients and makes a huge pot full! No need to heat up the kitchen with all the stove burners on. Just one rice pot plugged in, and it doesn't even have to be in the kitchen. Anywhere there is an electric outlet will do fine. Children are using our cookbook recipes to win 4-H cooking contests! It's great for retirees or empty-nesters who only want to cook a meal for two. It's spontaneous - if guests drop by

unexpectedly, throw a meal together quickly, so little or no planning necessary. No need to stock exotic ingredients. Use ingredients you already have in your pantry, cupboard, refrigerator or freezer. The cookbook also has two indexes so the recipes are easier to find: indexed by chapter and indexed in alphabetical order. It has numerous testimonials from good cooks affiliated with the LSU AgCenter Homemaker Clubs. They tested the recipes and gave their honest opinions. It includes short articles about time-saving tips on food preparation, how a rice cooker knows when the food is cooked, how to teach children to safely cook with a rice cooker, how to brown meat in a rice cooker, plus many more. Ã Â BUY NOW!

Book Information

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Customer Reviews

~The Spaghetti and Meatballs meal is the best I have ever eaten. Jo Parker~LOVE this cookbook. Everything I have tried is fabulous! Lou Bain~My husband got your cookbook. I tried your Taco Soup recipe. It was so good I can’t wait to try more of your recipes. D. Lejeune, Iota, La.~ I did the potatoes, green beans and sausage tonight. What a relief to have an easy, quick way to cook good food that is economical and doesn’t require a whole lot of dishwashing! Ã Â Demetria~ I made the Pizza Pastalaya tonight. Ã Â It turned out great, my husband went back for seconds.Ã Â Donna PalmerI’m a lousy cook. My kids usually ask me NOT to cook! They say I can blacken anything. I picked up your books (both the rice cooker book and slow cooker book) because I wanted to make life in the kitchen easier and less "blackened" meals! I had made your Chicken Fried Rice from the Rice Cooker Meals and thoroughly enjoyed it. I’m out of rice today so I used spaghetti noodles and

added frozen corn. Delicious! I'll be using both ways in the future! Even my pickiest eater liked it! Can't help but like something that makes me look good in the kitchen!M. BarousseCarencro, LA

NOTE! All three of my cookbooks are available as Kindle ebooks and paperbacks!~I have been doing book signings/rice cooker demonstrations for years. I love cooking a rice cooker meal in a bookstore. The mouth-watering aroma fills the whole store from front to back. When the customers walk in from outside they look around to see where that wonderful aroma is coming from, and there I am waving to them and offering them a free sample. Once they taste my Blackeyed Pea & Sausage Jambalaya dish, they are hooked, so they have to buy a copy, and since they make a great gift, they buy extra for friends.~~~ ~~~What others are saying:~I heard you this morning on KPEL radio. I have purchased your cookbook and now am going to purchase a rice cooker for the first time. Ed Gomez, Lafayette, La.~I would like to buy your rice cooker book. I really need it. My kitchen is being remodeled and I will not have a kitchen. I just bought a rice cooker and I need a recipe book. Thanks. S. Knight, Redway, California~I got your ebook. YUM - Ã Â Could cooking be any easier? Ã Â Oh - maybe - If I had a maid. :-) Thank you ! Eileen Eisner~Made the Chinese Stir Fry with ham and loved it! Ã Â Definitely want to work my way through Rice Cooker Meals! Elizabeth Broussard~Thanks for the great recipes and ideas for using my rice cooker. I love your book. I'm sure this not an original idea, but I love making popcorn in my rice cooker. Keep up the good work. I appreciate your creativity. Fay Kennedy

I was hoping that this book would have "from scratch" recipes. Instead, it uses so many canned and packaged mixes that the food becomes more of a chemical cocktail than a meal.

If you like "Cajun Cooking", you will like the recipes in this cookbook ... please note the recipes are developed using the "old style" rice cooker ... the ones I have tried in the "new style" (Sanyo) rice cooker did not turn out well ... less water is required when using the "new style" rice cooker ... I'm still working on a conversion ... the recipes I have tried using the "old style" rice cooker turned out great and were very good ... but the recipes are great even if you decide to cook them in a standard pot using the stove top ... RPH

If you like Cajun food this is the book for you! The sauce piquant recipes and crawfish and shrimp recipes are amazing!! Cabbage rolls used to take all day to make and now I use the cabbage casserole recipe to make it easier. This is the only recipe book where I have actually made and

loved 75% of the recipes. And they all use simple ingredients that I keep in stock already. Nothing fancy I have to buy!! I know it sounds weird to use a rice cooker for meals but this is like a crockpot that cooks in 45min or less. If you have a fancy rice cooker you need to use the rice setting, not slow cook. And if it says to cook for a certain time then I set my timer and stop the rice cooker after that so the shrimp are not overdone.My family likes meals with substance and not just rice. This book also has a lot of recipes with potatoes instead of rice. The fajita chicken stuffed baked potato recipe is great! And it just uses frozen French fries for the potato part. It doesn't get much easier than that!!This is the perfect book for someone who loves to crockpot but wants their meal done in 45 min or less! I wish I was paid or given some compensation for this review , but sadly not. My aunt gave it to me years ago and my friends are always asking where to buy it.

I was so excited to get this book since i work 50 hours a week on top of being a single mom. I use my rice cooker alot and was hoping for some simple quick and cheap meals. When it arrive i was extremely disappointed at the effort and expense you have to out into each meal. I feel this book was misleading as it has very little meals for under 10 dollars and take over an hour for most recipes without alot of variety except cajun style meals. I will not be using it...

I wasn't sure I'd be able to get the hang of using rice cooker for anything but rice. But as soon as this book arrived I read it from cover to cover and could hardly wait to try his recipes. This book is a little gem. With a little imagination you can easily adjust ingredients to make your recipes more spicy, less spicy, beef instead of chicken, broth instead of canned tomatoes with chiles, less butter, etc. etc. This is a no brainer. To some people it might look too plain but that's fine with me. It's just a good, easy to follow, minimum preparation, delicious collection of recipes, some of which are typical of louisiana cooking....which is what the author himself did not dispute. I have never used as many recipes out of any cookbook I own..and I own a lot!!! I'm currently going through all the recipes but so far my favorites are Shrimp Jambalaya, Black Eyed Peas & Sausage Jambalaya, Tex-Mex Pasta, Chicken fried rice, and Mexican Rice. There are also soup recipes, yams, potato and cabbage recipes but haven't tried these yet. Mr Bertrand I'm anxiously waiting for your next cookbook, if there is one, but in the meantime thanks for this one!

Gave this to my son-in-law to go with new rice cooker I gave my daughter - they share meal cooking tasks. He thinks it will be very useful.

My latest "kick" is rice cookers. I learned you can make entire delicious meals in them, not just cook rice. This cookbook makes rice cooking/entire meals easy. It's mostly a Cajun cookbook but you'll find many delicious other recipes too. I had a question, emailed the author, and he actually emailed me back with the answer!! Recipes are for 8 to 10 cup On/Off/Warm rice cookers, not for fuzzy logic cookers. Rice cooker recipes can be made in the fuzzy logic cookers but adjustments would have to be made. I'm also experimenting using olive oil instead of butter and the author has been helpful with that. I HIGHLY recommend this rice cooker cookbook for On/Off/Warm ricer cookers.

It was handy to tell me the different types of rice and how they are cooked but that was where the helpfulness ended. The meals seemed quite involved for a book that states "Fast home cooking for busy people" and it just wasn't that helpful. I guess some people might find it useful but to me I had to do too many adaptations to find it necessary.

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